## **Congratulations Autumn** Jackson and Jillian Rauls -You're on your way to Washington, D.C.!

Two high school student from C & L's service area has been selected to travel to Washington, D.C. in June to attend the 2019 Youth Tour. The seven-day trip, sponsored by the Electric Cooperatives of Arkansas, will include tours of major sites in and around Washington, D.C., including the U.S. Capitol; the museums of the Smithsonian Institution; the Newseum; and the Jefferson, Lincoln, Martin Luther King Jr., Vietnam, Korean and World War II memorials.

The winners were selected through an essay contest open to all high school juniors who live in C & L's service area. This year's winners, along with approximately 40 students from electric cooperatives across Arkansas will travel to Washington D.C. where they will join about 1,500 students from across the nation who are attending the tour. Through Youth Tour, these students will have an opportunity to learn more about their nation's government and the electric cooperatives, as well as develop

Autumn Jackson, is the daughter of Rachel West. Autumn is listed in the Jillian Rauls top 10 of her class, is a member of the Art Club, and sings in the high school choir. Autumn has won many awards including 1st place in the Southeast Arkansas Regional Art Show when she was a sophomore. She enjoys painting, drawing, and being creative with makeup. She also enjoys reading, writing, baking, singing, and watching Youtube. After graduation, she plans on becoming a successful cosmetologist, and later pursue a career in journalism. In her essay concerning "What Leadership Means to Me," Autumn stated, "Your followers' actions reflect on your leadership because if you make choices with honesty and integrity, they will also."

Autumn Jackson

Jillian Rauls, daughter of David and Karen Rauls, will attend twelfth grade at Star City High School this fall. Jillian is in the Beta Club, plays the flute for the Bulldog Regiment, and is a member of the color guard where she served as co-Capitan in 2018. Outside of school, Jillian enjoys competing in Rodeos and Horseshows. She is a member of the First Free Will Baptist Church where she sings in the Choir and Youth Choir. Jillian competes each year in her church sponsored CTS (Christian, Training, Service) program and has won several awards at the District, State and National level in the categories of photography and woodwind solo. She loves all genres of music, hanging out with her friends, and riding horses. After graduation, she plans on attending college and majoring in nursing. In her essay concerning "What Leadership Means to Me," Jillian stated, "leadership is a role where one person (a leader) can recognize the qualities of their followers and encourage them to use their abilities and talents to accomplish the objectives before them."

C & L Electric is proud to have these outstanding students represent them on the Electric Cooperative Youth Tour to Washington, D.C. Congratulations Autumn and Jillian!

leadership skills.

## Take control of summer bills

We expect summers to be hot, but most of us do all we can to keep our homes as comfortable as possible, even as outdoor temperatures edge thermometers upward.

When it comes to electricity, each of us has the power to help control our costs — we just have to make thoughtful choices to make energy savings pay off in dollars and cents.

Look toward the west. If you don't have trees, a porch overhang or awnings shading windows exposed to afternoon sun, there's a good chance radiant heat could be driving up indoor temperatures and adding to your overall cooling costs.

Window coverings can help. Blinds or shades can deflect intense sunlight, and draperies lined with a thermal radiant barrier can block up to 95 percent of sunlight and 100 percent of ultraviolet rays.

Comfort and cooling are easier to maintain when we take advantage of air flow. A ceiling fan can pull warm air up above your living zone, making a difference during summer months. The evaporative effect of circulating air blowing across our skin makes us more comfortable, but that benefit completely disappears when we leave the room, so turning fans off in unoccupied rooms will save energy.

HVAC filters have a lot to do with airflow through your heating and cooling systems. Dirty filters restrict circulation through your returns, requiring your cooling system to work harder. If you can see dirt in a filter, it's likely 50 percent clogged. Follow the manufacturer's recommendations on replacing disposable filters or cleaning permanent ones. If you've got pets, consider checking them more frequently.

You can save money and electricity by time-shifting some of the most energy-intensive activities away from peak energy use periods that normally occur during the hottest hours of the day. Cooking, doing laundry and using power tools can increase both heat and humidity inside your home, making it harder to reach or maintain a comfortable temperature.

Remember, controlling energy costs will always work



Energy-intensive activities like doing laundry can increase heat and humidity inside your home. Try time-shifting these types of chores to offpeak hours, when energy demand is lower.

better with buy-in from everyone in the household.

- One open window anywhere can be like an uncapped chimney, pulling the conditioned air you pay to cool outside.
- A gaming system, computer or big screen television left on but unwatched produces nearly as much heat as it does when it's in use.
- · Lighting and ventilation fans add convenience and provide benefits when they are needed but when left on and unattended, they use energy.
- A bag of ice poured into a cooler will chill summer beverages as effectively and less expensively than an aging refrigerator in a hot garage.

We will be glad to visit with you further about ways to help you identify and correct problems that might be contributing to higher bills and increased energy use in your home. It is our goal for you to have affordable electric bills and comfortable homes.



## Happy 4th of July

The office of C&L Electric Cooperative will be closed Thursday, July 4, in observance of Independence Day. Have a safe and happy holiday!